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# Things you NEED to Try at Trader Joe's

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## Produce Section:

- Organic Baby Spinach
- Cucumbers
- Zucchini
- Mediterranean Style Orzo Pasta Salad
- Green Goddess Salad Dressing
- Blueberries
- Raspberries
- Blackberries
- Avocado
- Clementines
- Garlic & Herb Pizza Dough
- Whole Wheat Pizza Dough
- Italian Meat Samplers
- Avocado Tzatziki Dip

## Pasta/Rice Isle:

- Red Lentil Pasta
- Brown Rice Pasta
- Organic soup broths
- Black Truffle Alfredo Sauce
- Everything But the Bagel Seasoning
- Garlic Sea Salt Seasoning
- Smoked Ghost Chilies Seasoning

## Frozen Foods:

- Mandarin Orange Chicken
- Chicken Chow Mein
- Vegetable Fried Rice
- Gluten Free Mac & Cheese
- Cauliflower Gnocchi
- Sweet Potato Gnocchi
- Gnocchi al Gorgonzola
- Cauliflower pizza crust
- Steam in bag Brussel Sprouts
- Lemon bars
- Chocolate Covered Strawberries or Bananas

## Milk & Meat Section:

- Almond Matcha Beverage
- Almond Milk Chai Tea
- Nonfat Plain Greek Yogurt
- Eggs (they're usually soo cheap!)
- Kombucha
- Cold Press Green Juice

## Snacks:

- Veggie Straws
- Ghost Pepper Chips
- Pretzels filled with Peanut Butter
- Patio Chips
- White Corn Tortilla Chips
- Sesame Sticks
- Ginger chews
- Dark Chocolate Peanut Butter Cups
- Dried Fruits

## Bread:

- Ezekiel Bread
- Ciabatta Rolls
- Dave's Killer Bread
- Corn and Wheat Tortillas

## Reminders:

\*\*When you go to checkout you leave your cart with the cashier and they pull it around for you. Don't forget to bring your own bags!

\*\*\*If you have kids, they can spot the monkeys throughout the store and get a surprise from the treasure box at checkout. It's usually a lollipop. :)